RSDSA is committed to assisting those who suffer from CRPS as well as the people who support them.

RSDSA offers emotional, financial, and medical support to people suffering with CRPS. Please visit our website if you are in need.

If you think you or someone you know has CRPS/RSD, please visit your physician and provide him or her with educational information about the disease. Much more may be accessed on our website. You may also contact our organization.

WE ARE HERE TO SUPPORT YOU—YOU ARE NOT ALONE.

WWW.RSDS.ORG

8 7 7 . 6 6 2 . 7 7 3 7
THE DIAGNOSIS

There is no single diagnostic test for CRPS. Only a careful exam can produce the proper diagnosis. Below are the most common symptoms.

COMMON SYMPTOMS:

• Pain described as deep, aching, burning, or stinging
• A prior trauma (fracture, sprain, surgery, etc.)
• Abnormal swelling
• Excessive sweating in the affected area
• Changes in skin color
• Noticeably altered skin temperature (increased or decreased) in the affected limb
• Weakness of affected limb
• Limited range of motion
• Paralysis or dystonia (muscle contractions resulting in abnormal positions)
• Allodynia (pain from stimuli that is not normally painful—the touch of fabric or the wind blowing)
• Hyperalgesia (excessive sensitivity to pain)

These symptoms are not exhaustive, and some cases show many but not all of these symptoms.