



rsdsa
SUPPORTING THE
CRPS COMMUNITY

RSDSA ANNUAL REPORT FOR THE YEAR 2017



Reflex Sympathetic Dystrophy Syndrome Association

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From Our Executive Vice President, Director



The year 2017 was a stellar year for RSDSA.

With the financial support of our corporate partners and members of the CRPS community, we conducted three conferences in AR, TN, and CT for people with Complex Regional Pain Syndrome (CRPS), caregivers, and medical professionals. Our Fayetteville

conference attracted participants from 14 states which underlines the critical importance of these conferences. Some individuals had previously never met another person with CRPS. Life-long bonds were formed. The presentations were filmed and archived on RSDSA's YouTube channel to maximize their impact.

RSDSA is committed to supporting young people with CRPS. For the third year, we continued our co-sponsorship of a camp experience for children with chronic pain at the Camp for Courageous Kids in Kentucky. One family attended from the Republic of Georgia.

We also sponsored an inaugural Young Adults Weekend to help young adults who had been diagnosed with CRPS during their childhood or teen years to successfully transition into adulthood. It was well-attended, the evaluations were outstanding, and more are planned for next year.

With the financial help of Zoe's Heroes, we created an accredited course for physicians, nurses, and physical therapists on the diagnosis and treatment of pediatric CRPS. We filmed Dr. Elliot Krane, a renowned Professor of Anesthesiology, Perioperative and Pain Medicine (Pediatric Anesthesia) at the Stanford University Medical Center and of Pediatrics at the Lucile Salter Packard Children's Hospital. We intend to conduct a special outreach campaign to educate school nurses and will exhibit at the National School Nurses Conference next year.

We invested in CRPS research by continuing our financial support of the International Research consortium and the funding of four research grants at Stanford, Vanderbilt, University of Bath and Murdock University as well as assisted in the recruitment of people with CRPS for two national clinical trials.

Finally, we conducted a weekend in-person board meeting to construct a 2 and 5-year business to maximize our effectiveness and relevance in service to the CRPS community.

James W. Broatch, MSW

Our Mission

The mission of the RSDSA is to provide support, education and hope to everyone affected by the pain and disability of CRPS/RSD while we drive research to develop treatment and a cure.

Our Values

Our values guide everything we do at RSDSA:

- **COMMUNITY RSDSA** is committed to developing and maintaining meaningful relationships with our patients, volunteers, supporters, and funders for the entire CRPS community. Our community embraces diversity and tolerance. We promote leadership and responsibility within the community as demonstrated through partnerships, opportunities and active involvement within the community at large.
- **RESPECT RSDSA** respects every individual and their unique qualities and abilities. We will continue to honor the legacy of our founders by upholding their vision of a world without CRPS.
- **EXCELLENCE RSDSA** provides the best possible education, support and information to our community. We strive to empower people with CRPS to take control of their lives and give researchers and physicians the resources necessary to develop innovative and effective treatments in the search for a cure.
- **REPUTATION RSDSA** values our long legacy of providing services that change the lives of all those with CRPS. We continue to operate the organization with a commitment to integrity, honesty and accountability.

VISION

By the end of this decade, RSDSA will:

- Expand our organization to maximize our abilities to best serve our community, providing support for all people with CRPS.
- Continue to seek and actively pursue collaboration with the community, organizations and individuals to provide greater opportunities for people with CRPS.
- To be recognized as the leader in providing the best and most up to date information and support for people with CRPS.
- To be recognized as the leading CRPS support organization whose sound fiscal management and use of best practices promotes maximum growth for the future.

Officers

Mary Beth Kenny Ludington
Co-President

Francis (Hank) Ludington, III
Co-President

Peter Moskovitz, MD
Chairman of the Board

Sharon Weiner
Vice President, Living with RSDS, Inc.

Steve Shisler, Esq.
Secretary
Law Offices of R. Steven Shisler

Stephen G. Brilliant, MS, CPA
Treasurer
Brilliant Accounting

Board of Directors

James W. Broatch, MSW
Executive Vice President, Director
RSDSA

David Bond

R. Norman Harden, MD

Robert Lane

Linda Lang
Peer-to-Peer

Susan Pinkham
TCAPP

Ilona Thomassen
Patientenverenigin CRPS

Billy Alexander, MD

Rachel Charlesworth

Stephen Bruehl, Ph.D
Vanderbilt University School of Medicine



RSDSA Scientific Advisory Committee

Stephen Bruehl, PhD (Chair)

Vanderbilt University School Medicine, TN
Diagnosis, pathophysiology, treatment and psychological aspect of CRPS

Norman Harden, MD (Research Co-Chair)

Athens, GA
Diagnosis and Treatment of CRPS

Charles Berde MD, PhD

Children's Hospital Dept. of Anesthesiology
Pediatric CRPS

Frank Birklein, MD

University of Mainz, Germany
CRPS mechanisms and treatment, neurological aspects of CRPS

Andreas Goebel, MSc, PhD, FRCA, FFPMRCA

University of Liverpool, United Kingdom
CRPS mechanisms and treatment, neurological aspects of CRPS

Lorimer Moseley, PhD, FACP, HMAPA

University of South Australia, Australia
Brain mechanisms, physical therapy, interventions for CRPS

Candy McCabe, MSc, PhD, RGN

University of the West of England, United Kingdom
Body disturbance in CRPS, and treatment of CRPS

Frank Huygen, MD

Erasmus Medical Center, The Netherlands
Inflammatory and immune mechanisms of CRPS, Interventional treatment

Christoph Maier, MD

Ruhr University, Germany
Brain mechanisms of CRPS

Guillermo Alexander, MD, PhD

Drexel University, PA
CRPS mechanisms and treatments, including ketamine

Florian Brunner, MD, PhD

Balgrist Hospital, Switzerland
Rehabilitation, CRPS treatment

Peter Moskowitz

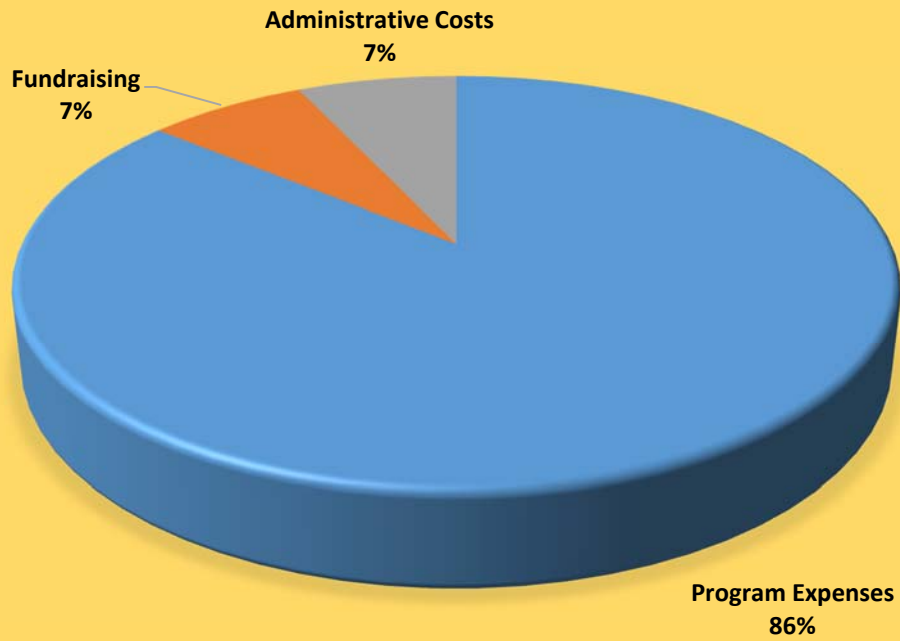
Washington, DC

2017 Highlights



- Co-sponsored the third summer camp experience for children in pain at the Camp for Courageous Kids with three other patient advocacy organizations
- Sponsored three *Treating the Whole Person: Achieving Wellness* conferences in Nashville, TN, Fayetteville, AR, and Greenwich, CT. The presentations were filmed and archived on RSDSA's YouTube channel
- Hosted the inaugural Young Adults Weekend on the Delaware River to help young adults with CRPS diagnosed as children transition successfully into adulthood
- With Zoes Heroes' financial support, we created an accredited course on pediatric CRPS for physicians, nurses, and physical therapists with Dr. Elliot Krane of Stanford
- Through our Patient Assistance Program in honor of Brad Jenkins, RSDSA provided funding in the amount of more than \$14,000 in emergency financial assistance to 25 families affected by CRPS
- Created a 2-year and 5-year business plan to solidify RSDSA's position as the premier go-to organization serving the CRPS/chronic pain community

FISCAL YEAR ENDED DECEMBER 31, 2017



Revenue	\$939,414
Expenses	\$668,359
Net	\$271,055

- **Audit By Beers, Hamerman, Cohen and Burger, P.C.**

A Special Thank-You to RSDSA's 2016 Corporate Partners

- **Title Partners**

- **Aetna Foundation Inc.**
- **Axsome Therapeutics, Inc.**
- **Baker Family Charitable Fund**
- **Brodsky Family Foundation**
- **Grünenthal**
- **Mike and Lynn Coatney**

- **Gold Partners**

- **Relax Release Relief**

- **Bronze Partners**

- **McLarty | Pope LLP**

- **Orange Partners**

- **No Pain Hanna**
- **Neurologic Relief Center**
- **Ankansas Pain Center**