# THE PAIN

#### **KNOCK OUT PAIN**

**Support Group for People In Pain** 



#### **THURSDAY October 10, 2019**

7:00PM to 8:00PM

Julian Phillips will be speaking on

## Pain and Preparing

## for the

## **Coming Cold Weather Season**

## Part 2

#### knockoutpainlv@gmail.com

K.O.P. meetings are held monthly at:
Good Shepherd Rehabilitation Network Health & Tech Building
850 S. 5th St, Allentown, PA. 18103

We're in the middle conference room.

Offering support to the pain community in the Lehigh Valley.

Please feel free to bring your pillows, blankets, mats and anything you need to be comfortable.

Information - Julian Phillips - (610) 360-2776.

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