



# Use of compounding pharmacies as another resource for CRPS patients

Rachel Burns, PharmD  
ClearSpring Pharmacy  
[www.clearspringrx.com](http://www.clearspringrx.com)



# Customized and Quality Medications

Compounding is the method of preparing customized medications to help meet unique practitioner and patient needs.



# Customized Medications?

Compounding pharmacists focus on providing innovative patient care.



# What can compounding do for me ?



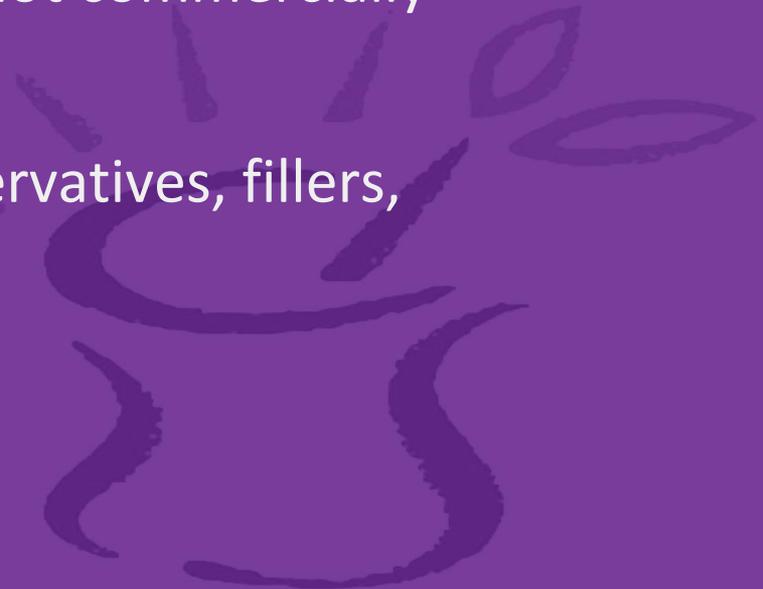


# Improve Therapeutic Outcomes...

- Unique dosage form designed for a specific problem
- Liquid medications for easy titration/taper dosing
- Potential minimization or avoidance of side effects

# ▼ Improve Therapeutic Outcomes...

- Dose, dosage form, or medication not commercially available
- Avoidance of unwanted dyes, preservatives, fillers, and active ingredients



▼ **How a patient's  
unique  
pharmaceutical need  
leads to the  
development of a  
compounded  
medication...**



# The Tool Box

Route of administration

Combination product

Custom strength

Immediate or delayed release

Topical application



Research...  
more than just a  
Google search



How do you pick a good  
compounding pharmacy?



# The patient- pharmacist relationship



# Around the soda fountain...



# Trial and Error



▼ Different forms of sublingual ketamine



# Alternative to the emergency room



# Unforeseen complication



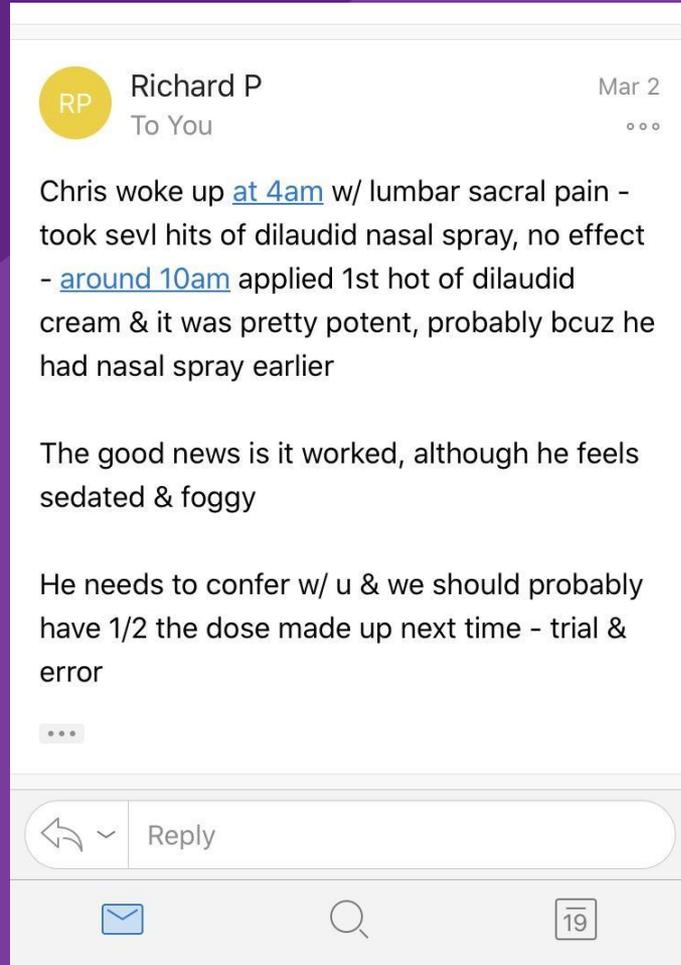
# Thinking outside of the box



▼ **Waiting...**



# Success





# Next challenge



# ▼ Rollercoaster summer



# It takes a team



Awesome ClearSpring Pharmacy Team

*All you have to do is ask.*





**Rachel Burns, PharmD**  
**ClearSpring Pharmacy**  
**303-707-1500**  
**[rburns@clearspringrx.com](mailto:rburns@clearspringrx.com)**

**Chris Paletta**  
**Instagram: [oneironaut\\_2012](#)**  
**Email: [cxp2012@gmail.com](mailto:cxp2012@gmail.com)**



▼  
**References are  
available upon request**

