Use of compounding pharmacies as another resource for CRPS patients

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Customized and Quality Medications

Compounding is the method of preparing customized medications to help meet unique practitioner and patient needs.
Customized Medications?
Compounding pharmacists focus on providing innovative patient care.
What can compounding do for me?
Improve Therapeutic Outcomes...

• Unique dosage form designed for a specific problem
• Liquid medications for easy titration/taper dosing
• Potential minimization or avoidance of side effects
Improve Therapeutic Outcomes...

• Dose, dosage form, or medication not commercially available

• Avoidance of unwanted dyes, preservatives, fillers, and active ingredients
How a patient’s unique pharmaceutical need leads to the development of a compounded medication...
The Tool Box

Route of administration
Combination product
Custom strength
Immediate or delayed release
Topical application
Research... more than just a Google search
How do you pick a good compounding pharmacy?
The patient-pharmacist relationship
Around the soda fountain...
Trial and Error
Different forms of sublingual ketamine
Alternative to the emergency room
Unforeseen complication
Thinking outside of the box
Chris woke up at 4am w/ lumbar sacral pain - took sev'l hits of dilaudid nasal spray, no effect - around 10am applied 1st hot of dilaudid cream & it was pretty potent, probably bcuz he had nasal spray earlier.

The good news is it worked, although he feels sedated & foggy.

He needs to confer w/ u & we should probably have 1/2 the dose made up next time - trial & error.
Next challenge
Rollercoaster
summer
It takes a team

Awesome ClearSpring Pharmacy Team
All you have to do is ask.
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References are available upon request