

Christy Thiel is a Master Nutrition Therapist and specializes in endocannabinoid health and hemp CBD supplementation.

Christy is the Director of Education at [Seed2System](#) and helps people and businesses understand the opportunities that are available with supplementation, lifestyle and partnering.

Health is always a journey; whether you are trying to your health back, improve it, or maintain it. No matter where you are at with it, if you have ever lost it, you know its vital role in getting through the day. You also know without it how challenging everyday activities can be.

Christy is a national educator on health's missing link, the endocannabinoid system. She shares the wisdom and adaptation of this system in an approachable way with science and personal experience.