

# IN RARE FORM



## Learn more about the Complex Regional Pain Syndrome-Relief and Improvement Study for Efficacy

At RSDSA, we want to keep you updated on research that may help improve treatment and awareness of Complex Regional Pain Syndrome (CRPS). We are excited to share news about a new trial called **CRPS-RISE** (Complex Regional Pain Syndrome-Relief and Improvement Study for Efficacy).

### What is CRPS-RISE?

**CRPS-RISE** is a clinical research trial testing an investigational medicine called **neridronate**. The trial will help researchers learn whether this medicine can help reduce pain in adults with **CRPS Type 1 (CRPS-1)**. The trial is run by Ambros Therapeutics, a clinical-stage biotechnology company based in Irvine, California.

### What is neridronate?

Neridronate is a bisphosphonate, a type of drug that affects how bones are formed and broken down. It is “investigational”, meaning it has not been approved by the U.S. Food and Drug Administration (FDA). It can only be used in clinical trials like this one (except in Italy, where doctors already use it for CRPS-1). Because CRPS-1 is a rare disease and there are no approved medicines in the U.S., the FDA has given neridronate for CRPS three special designations: Orphan Drug, Breakthrough Therapy, and Fast Track. These designations mean that FDA recognizes the importance of developing treatments for CRPS.

### Who Can Join?

CRPS-RISE will include about **270 adults** who have CRPS-1. To join this clinical trial, you must:

- Be **18 years or older**
- Have the “**warm subtype**” of CRPS-1, meaning the affected limb is red, warm, or/and swollen, and
- Have developed CRPS symptoms **within the last 6 months**

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**WHAT'S NEW WITH CRPS?**

There are other considerations a trial doctor can discuss with you. Neridronate may help reduce the body's reactions that cause pain and swelling in the warm subtype of CRPS-1. That is why the trial focuses on certain people with CRPS but not everyone. We are sharing this news so that potentially eligible patients are aware of this trial and have the chance to see if they qualify.

### How the Trial Works

This is a "placebo-controlled" trial. This means:

- Participants are randomly placed into one of two groups (like a coin flip)
- One group gets neridronate
- The other group gets a placebo (a substance that looks the same but has no medicine in it)

Participants will receive four infusions through a small tube in the vein over 10 days. There will be a follow-up period, with the trial lasting up to 18 weeks (4 months).

After the trial, participants who are still experiencing symptoms of CRPS-1 may be able to receive neridronate through an **expanded access program**. This decision would be determined by your trial doctor and yourself.

### Locations and Cost

The trial is expected to open at **60 different sites** across the United States. There is no cost to participate, and help may be available to pay for travel to clinic visits.

### Learn More

If you want to learn more about participating in this trial, **Contact a Site**. View a full and continually updated list of active research sites on <https://clinicaltrials.gov/study/NCT07210515#contacts-and-locations>.

We are hopeful for what this research means for the future of CRPS care!

[LEARN MORE](#)

## Coming Soon: The RSDSA Message Board

Later this spring, RSDSA will launch a message board on [rds.org](https://rds.org)!

The message board community is intended to provide a supportive environment for individuals affected by CRPS, including patients, caregivers, friends, family members, and advocates.

We know many members of the community are not on social media channels but are still looking for online connection and peer-to-peer support. Our new message board aims to achieve those goals while also providing even more assistance and faster response times.

Stay tuned!

## It's Not Too Late! Join our 7th Annual Walk For CRPS on Saturday, June 6th, 2026

RSDSA's 7th Annual Walk for CRPS will take place on Saturday, June 6, 2026. We're excited to bring our national walk and day of awareness to a town near you!

For the last six years you have helped raise awareness for CRPS by providing care, advocacy, research funding, education and hope to the CRPS community via your teams. We invite you to once again come together as we work to educate the world about CRPS.

It's not too late to register, join a team, or create a team with your family, friends, physician's office, neighbors or colleagues in your hometown!



We've created a [handy list of the current teams](#) and their locations to make it easier for you to join a team in your area!

### Registration Information

- \$25 for adults | \$15 for children ages 5-12
- You can register as an individual or create/join a team

You must register by **Thursday, May 14th** in order to receive a 7th Annual Walk for CRPS t-shirt in the mail in time for the event.

Our event is open to participants of all abilities. Whether you walk, roll, or run along with us, we want to see you on June 6th. **Please remember that physically walking is not a requirement to participate.**



For questions, sponsorship details, and additional general information on our Walk for CRPS, contact London Kelley at [london@rsds.org](mailto:london@rsds.org) or 501-781-1921.

[REGISTER HERE](#)

[SEARCH TEAMS BY LOCATION](#)

## How to Plan for RSDSA's 7th Annual Walk For CRPS

### February

Form a planning team and prepare for the Walk! Outline potential participants, goals, routes, water stations, checkpoints, volunteers, etc. This is a highly individualized step, as each Walk looks different. Lean on RSDSA for ideas and feedback.

### March

Begin reaching out to participants and sponsors in order to increase awareness. Aim high and be ambitious! Research permits and insurance requirements. Communicate any needs to RSDSA. Submit any necessary applications by early March as most municipalities need at least 60 days lead time.

### April

Promote the Walk using flyers, social media posts, and word of mouth. Use community leaders, including physicians, to get the word out and lean on participants to help promote the Walk as well. Share registration links with everyone you can and encourage registrants to keep the momentum going.

### May

Regularly communicate with your sponsors and participants to generate excitement and awareness. Ensure that all details are cemented and contingencies are created. Create a rain plan and day-of task list for volunteers. Final participant counts are due to RSDSA by May 14th to ensure shirts arrive on time!

### June

It's Walk day! There will likely be latecomers who want to register day-of. A quick registration line with 1-2 volunteers should suffice. Ensure all volunteers are well versed on emergency protocols.

### July

Now is the time to sit back and reflect. What went well? What could have gone better? Identify wins and losses so you can plan for next year. Take some time to write acknowledgments to each sponsor as a meaningful way to improve your impact, steward relationships, and awareness.

## What's New With CRPS?



Something wonderful, perhaps seismic, has happened in Korea, and one can only hope that the ripples will be felt around the world.

The Korea Ministry of Food and Drug Safety (MFDS) has authorized the prescription of opioid analgesic medication for persons with CRPS on the same basis as for cancer-related pain. This has been achieved by the efforts of the Korean CRPS Patients Association, under the leadership of Lee YongWoo (Chip) and the Korean Pain Society.

Some may view this policy change as trivial and troublesome, since opioids for chronic pain are fraught with adverse effects. I, for one, view it as an important event that recognizes CRPS as a major health problem that causes severe illness and disability.

The designation of CRPS as a Rare Disease has two sides. On one hand it permits regulatory dispensations that facilitate research and development into better diagnosis and treatment. On the other hand, it opens the risk of trivialization, as in: “so few people have CRPS, why bother?”

Equating CRPS pain with cancer-related pain recognizes the severe and life-altering nature of CRPS.

RSDSA congratulates Chip and the Korean Pain Society, not just for making opioids more accessible to CRPS patients, but also for convincing the Korea Ministry of Food and Drug Safety to recognize CRPS as a major health impairment worthy of extraordinary treatment.

- Peter A. Moskovitz, Chairman of the RSDSA Board of Directors

## Walk Strong is Saturday, April 25 in Dallas!



Join [Burning Hope](#) in walking a 3k in support of the CRPS community on Saturday, April 25, 2026 in Dallas, Texas. Proceeds will aid research and treatment options for those with CRPS through RSDSA.

[Register](#) as an individual or grab your friends, family, coworkers, or organization and create a team to participate and raise funds!

If you can't make it to Dallas, participate from your hometown and register under On-Location. But don't walk alone! Start your own On-Location team and have your team members walk with you!

- **Date and Time:** Saturday, April 25, 2026 at 10 AM (Pre-registration begins at 9:15 AM)
- **Location:** [Northaven Trail](#) and Inwood Parking Lot, Dallas, TX 75229 (Across the street from Grace Bible Church)
- **Registration Cost:** \$25 for Adults, \$15 for Children 12 and under

Burning Hope is a nonprofit that's mission is to give hope to those affected by CRPS, raise awareness of CRPS among all people, and support research and treatment opportunities through events and fundraising.

## Daughter of RSDSA Co-founder Passes at 62

Gina Davis, daughter of Frank and Rosalyn Davis died on December 11, 2025 at 62 years of age. Rosalyn and Frank along with Audrey Thomas were co-founders of RSDSA.

Gina developed RSDS at 10 years of age after an injury to her arm. Over the years, Gina developed a number of medical conditions including Addison's disease, thyroid and pituitary problems, chronic pulmonary disease, seizure disorder (partial complex), rheumatoid arthritis, disc disease, thoracic outlet syndrome and chronic progressive external ophthalmoplegia (weakness of eye muscles and ptosis).

Despite multiple surgeries and frequent pain she maintained a good attitude and was a great companion to her mother.

# Young Adult Weekend Retreat 2026 - June 26-29 in Scottsdale, Arizona | Scholarship Winners Contacted!

RSDSA's [Young Adult Weekend Retreat](#) will take place June 26-29 in Scottsdale! It's not too late to register to join!



[REGISTER HERE](#)

Young adults with CRPS between the ages of 18 to 35 will spend the weekend with people who fully understand what they are going through. Our Young Adult Weekend Retreats have been a great success as they offer young adults with CRPS the opportunity to network, attend workshops, learn to advocate for themselves, and build a support system all while leaving time to sightsee and have unique experiences.

- **Location:** Hilton Garden Inn Scottsdale Old Town ([7324 E. Indian School Rd, Scottsdale, AZ 85251](#)) | 480-481-0400
- **Cost:** \$250
  - A **\$50.00** non-refundable deposit is required to reserve your spot. You can also choose to pay in full at the time of registration.
  - Final payment of outstanding balance is due **June 11, 2026** with all information and emergency forms.

Please note that all room fees are based on **double** occupancy. With help from sponsors and donations, RSDSA will cover the additional costs for rooms, meals, and speakers.

Thank you to everyone who applied for our scholarship in partnership with [Living With RSDS, Inc.](#), a non-profit founded by those living with CRPS. They awarded scholarships to two young adults. The Chester King Burnham Charitable Trust also provided two scholarships and an anonymous donor provided a fifth scholarship! These five participants have been awarded \$250 grants to cover their registration fee. We can't wait to see them in June!

If you have any questions, or if you're interested in sponsoring the weekend, please contact RSDSA's Young Adult Retreat Committee at [youngadult.crps@gmail.com](mailto:youngadult.crps@gmail.com).

# The CRPS Connection - RSDSA's First Adult Weekend Retreat from October 2-5 in Philadelphia

We heard you loud and clear! After years of successful Young Adult Weekend Retreats, we knew it was time to host a retreat for adults with CRPS.



**The CRPS Connection - Strategies and Skills for Living with CRPS** will take place October 2-5 in Philadelphia! This event is for adults with CRPS who are 36 and over.

[REGISTER HERE](#)

The CRPS Connection is a thoughtfully designed, in-person gathering focusing on strengthening practical skills, sharing lived experiences, and building meaningful connections with others who truly understand the day-to-day realities of CRPS.

- **Location:** Holiday Inn Express Philadelphia-Midtown by IHG ([1305 Walnut St, Philadelphia, PA 19107](#)) | 215-735-9300
- **Cost:** \$275 - Includes complimentary hotel breakfast and a **single** occupancy room
  - A **\$50.00** non-refundable deposit is required to reserve your spot. You can also choose to pay in full at the time of registration.
  - Final payment of outstanding balance is due **September 18, 2026** with all information and emergency forms.
- During registration we will ask if a caregiver is attending with you. They will *not* be charged a registration fee as they will not participate in our sessions, but they will receive the complimentary hotel breakfast.
- This is not a conference! Stay tuned for details on our 2027 conference!

With help from sponsors and donations, RSDSA will cover the additional costs for rooms, meals, and speakers.

If you have any questions, or if you're interested in sponsoring the weekend, please contact us at [slkweiner@rds.org](mailto:slkweiner@rds.org).

# A Journey of a Thousand Miles Begins With a Single Step



Photo by [@aterrormusical](#).  
Used with permission

Written by CRPS Warrior [Erikka Elsbury](#)

In 2007, my family and I traveled to New York City for the Achilles Hope and Possibility Walk. I saw the motto, “A journey of a thousand miles begins with a single step,” on the shirts RSDSA had for their team. I quickly knew that quote applied to my life and my journey with RSD/ CRPS.

Just five years prior, at the age of 12, I had been diagnosed with a condition so incredibly painful and debilitating that the average person and physician cannot comprehend it.

I had a very normal, happy childhood. I was surrounded by family, friends, and my dogs. One evening, a friend and I were goofing off when I fell in the hallway of my home and sprained my left wrist. I was accident prone. I had broken several bones and sprained multiple ankles and wrists throughout the years, so my parents and I did not think much of it. My dad helped me wrap it with an ACE bandage, and I went to bed. The next morning, we had a snow day. It may have been the end of March, but in Ohio, blizzards are still possible! My wrist had turned purple and blue and was becoming increasingly painful. My mom took me to the ER where I was diagnosed with a sprain and sent home with Tylenol and ibuprofen. That night, CRPS set in. Over the next few weeks, I saw orthopedic doctors and hand specialists. Every one of them told us that nothing was wrong. They concluded I was exaggerating the pain for attention.

Living 45 minutes from Cleveland, we had access to excellent hospitals. My mom took me to an orthopedic doctor at the Cleveland Clinic. That day, I was diagnosed with Reflex Sympathetic Dystrophy. He immediately called one of his colleagues in Pain Management, Dr. Michael Stanton-Hicks, who I believe saved my life.

The next morning at 8 a.m., my mom and I met him. After speaking with him briefly, he asked what I had eaten and drank that morning. Since I had only taken a few sips of a hot chocolate, he had me change into a hospital gown and whisked me into a procedure room for a stellate ganglion block. For the first time in seven weeks, I felt relief. I completed a series of three nerve blocks over several weeks, along with physical therapy and medication.

Gradually, my pain decreased and became manageable.

During my sophomore year of high school, I sprained my right ankle and my RSD/CRPS spread immediately. I was registered to attend camp with my youth group and didn't want to go on crutches, so I forced myself to walk. It probably saved me. While at camp, my foot doubled in size, my spasms returned, and the pain was unbearable. I knew my RSD was back, but I was four hours from home and couldn't do much.

When I returned, Dr. Stanton-Hicks gave me two options: resume medications or continue swimming on the high school team and use it as physical therapy. I chose the swim team. I became a lifeguard and learned how to hide my pain when I was on my ankle and leg for too long. I maintained an active social life, and for a while, RSD/CRPS didn't hold me back—until my junior year.

On a particularly cold and snowy day, I crushed my pointer finger in my car door while trying to warm up. On the drive home, I felt the familiar, fiery, shooting pain down my right arm. By the end of the night, my right hand was atrophied. Dr. Stanton-Hicks attempted multiple nerve blocks and even an epidural with a rehabilitation stay in a pediatric rehab hospital to stop the spread, but unfortunately, my RSD/CRPS was here to stay.

I am now in my 30s and have lived over half my life in severe, excruciating pain. At 18, during my senior year of high school, I had a spinal cord stimulator implanted because medication and physical therapy alone was not enough in terms of pain relief. I am currently on my third battery and will need surgery next year to get my battery switched out.

My spinal cord stimulator gave me my life back. I was able to go to college and became a registered nurse. I worked as a floor nurse up until two years ago when I realized my body couldn't handle it anymore. My RSD/CRPS slowly worsened, and last year I began monthly low-dose ketamine infusions, which help my body and brain reset. It is an incredible feeling to get even a small break when it feels like your body is being assaulted 24/7. It has always been hard for me to describe what RSD/CRPS feels like. I describe the pain as dousing your arm in gasoline and lighting it on fire while lightning bolts shoot up and down your limb. Most people would be bedridden or in the ER with the amount of pain people with RSD/CRPS manage daily, yet we keep pushing through.

Pain is not only physically exhausting but mentally exhausting as well. For a long time, I was ashamed of my condition. I was told not to talk about my RSD/CRPS, so when it returned in high school, many of my friends were shocked to learn I had been suffering for years. I now work full-time and often feel I have more to prove, even though I know that isn't true. There are days when I wish I could hand the mental burden to someone else.

RSD/CRPS has taught me many lessons. I learned to advocate for myself and others. Despite my condition, I graduated with my nursing degree and currently work in a doctor's office. As a floor nurse, I made it a priority to advocate for adequate pain control for my patients.

I've learned that not everything is as it seems. On the outside, I look like a healthy 30-year-old. No one sees the medications I take daily, my schedule for charging my spinal cord stimulator, my ketamine infusion routine, the multiple medical appointments, or how carefully I arrange my bed just to get a few hours of sleep. Society often assumes pain comes with age—that young people cannot be chronically ill. I am constantly told, "Just wait until you're older." People assume I'm healthy simply because I'm young. It took seven doctors and seven weeks for me to be diagnosed. If not for my mom's insistence, my pain may have been dismissed as teenage attention-seeking. Sadly, I know warriors who waited months or even years for a diagnosis.

I've learned that boundaries are healthy. I love helping others. I love family gatherings and having my nephews over. But I've had to accept that my health comes first. I used to push myself until I collapsed from exhaustion. Now, I reserve Saturdays as rest days. I sleep in as long as my body allows. I lounge. I binge-watch TV. I've learned that I cannot truly enjoy birthdays, holidays, or time with family if I am barely functioning.

From a young age, I learned the use it or lose it philosophy. Dr. Stanton-Hicks explained how important it was to use my affected limbs daily. Now, doing hand isometric exercises when stiffness sets in is second nature. My dog, Oliver, also motivates me to keep moving. We love exploring the beautiful parks near us.

My biggest advice to both new warriors and those who have lived with this for years: educate yourself and advocate for yourself. Though this disease is incurable, new treatments continue to emerge. If you feel unheard, seek a second opinion. I changed

physicians last year after feeling dismissed, and I am finally receiving proper treatment and relief again.

Fortunately—and unfortunately—no one truly understands this life unless they live it. That’s why having someone you can talk to is essential. I met several girls through support groups and in waiting rooms. We quickly became friends. I was terrified before my first ketamine infusion, but they reassured me and checked in afterward. We support each other because we understand what the other is going through.

Just remember: none of us are alone.

## What CRPS Terms Would You Like Defined?

There are so many medical terms, acronyms, abbreviations, and treatments related to CRPS and sometimes it’s hard to keep up with what everything means, especially if you’re newly diagnosed.

RSDSA is working on a glossary to help CRPS Warriors have a one-stop-shop for all of the common CRPS terms with accurate definitions. If you have specific terms that you want to ensure make it into the glossary, send us an email at [info@rsds.org](mailto:info@rsds.org).

## Dear Abby: Why Are Some With CRPS Finding Relief With Memantine?

*Dear Abby,*

*Years ago I knew a woman who had CRPS and once she took memantine it really helped her. I haven’t heard much about it since. I know there is a study with memantine and graded motor imagery happening in Australia. What should we know about the connection there?*



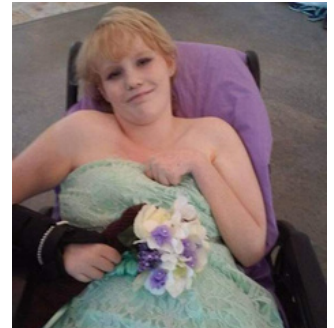
Memantine has the same mechanistic rationale as ketamine (NMDA antagonist), although as an oral drug it is weaker. So in theory it should help with CRPS. There is at least one reasonably well designed [study](#) that has looked at effects of memantine on CRPS (in combo with an opioid), and the drug did seem potentially to have beneficial effects.

*Our “Dear Abby” column is not a diagnostic tool. Please consult your physician for personalized medical advice.*

## Apply for the Hannah Bernard Memorial Scholarship by Thursday, April 30, 2026

The Coalition Against Pediatric Pain has announced that the Hannah Bernard Memorial Scholarship is available to anyone fighting complex pain conditions and pursuing their education, including high school, college, trade schools and online courses.

Four \$4,000 scholarships will be awarded to the winners in memory of Hannah Bernard in May/June 2026. Learn more and [apply here](#).



## New Board Member Announcement: Carolyn McNoldy

We're excited to welcome Carolyn McNoldy to the RSDSA Board of Directors!

Carolyn has had CRPS for approximately 16 years after elbow surgery. She became involved with RSDSA after attending the first Young Adult Weekend Retreat. She now moderates the [Young Adult Weekend Retreats](#) held in various cities throughout the country (see page 7!). She also moderates the VA, MD, DC virtual support group and the RSDSA young adult virtual support group.



She started and runs "[Carolyn's Cards](#)" for RSDSA. Carolyn's goal is to provide help, comfort, knowledge, smiles, and positive vibes to those with chronic pain.

She resides in Virginia with her two dachshunds. She has a Bachelor of Science in Administration of Justice, a Paralegal Certificate from George Mason University, and a Masters of Paralegal Studies from George Washington University. Welcome to the Board, Carolyn!

# #RARE is Scholarship Fund

Powered by the EveryLife Foundation

Applications Open  
**March 17 - April 28**

Up to 58 scholarships of \$5,000

## Who can apply?

- Age 17+ living with a rare disease
- U.S. residents
- Planning to enroll in school or courses for Fall 2026



Learn more and apply  
Scan the QR code or visit  
[RareScholarship.org](https://RareScholarship.org)



This scholarship is made possible  
thanks to the generous support of Amgen




## Current Research Study Opportunities

Below you will find a list of CRPS-focused studies that we are currently aware of:

- Stanford University: [Transcranial Magnetic Stimulation for Complex Regional Pain Syndrome](#)
- Stanford University: [Low-Dose Naltrexone for the Treatment of Complex Regional Pain Syndrome](#)
- UC San Diego: [The Effects and Mechanisms of a High CBD Cannabis Extract \(BRC-002\) for the Treatment of Pain and Health in Complex Regional Pain Syndrome](#)
  - Watch the [replay](#) of the May 2025 livestream with the lead researchers of the UC San Diego study

## Childhood Experiences of People with EDS, CRPS, and/or POTS



**Childhood Experiences of People with EDS, CRPS, and/or POTS**

We are a new research team consisting of researchers and students with and without disabilities who are interested in the experiences of people living with Ehlers-Danlos Syndrome, Complex Regional Pain Syndrome, and/or Postural Orthostatic Tachycardia Syndrome. The head researcher is Dr. Nina Slota.

**What is the study about?**

This is Phase One of a multi-phase and multi-year study. Each phase will explore a different facet of life with these disorders. Phase One will collect information about your demographics, your childhood, your identity, and your pain. Whether or not you participate in Phase One, you can choose whether or not to join future studies.

**To be eligible for this study you must:**

- ✓ Be 18 years or older
- ✓ Currently live in the United States

**How to participate? Scan the QR Code**  
[https://oregonstate.qualtrics.com/jfe/form/SV\\_e3ZgrrS0lccOLbw](https://oregonstate.qualtrics.com/jfe/form/SV_e3ZgrrS0lccOLbw)

**Learn More: Contact Nina Slota**  
[nina.slota@oregonstate.edu](mailto:nina.slota@oregonstate.edu)

This study has been approved by the Oregon State University Institutional Review Board, Project # HE-2025-1530.

Research participants are needed for an online questionnaire about “Childhood Experiences of People with EDS, CRPS, and/or POTS.” This study will be Phase 1 of a multi-phase, multi-year study.

If you are 18 or older, have at least one of these syndromes, live in the United States, and want to participate, [please click here to participate](#). Please feel free to share this study.

This project has been approved by the Oregon State University Institutional Review Board, Project # HE-2025-1530.

For any questions, please email Dr. Nina Slota at [nina.slota@oregonstate.edu](mailto:nina.slota@oregonstate.edu).

## RSDSA Support Group Corner

Linda Horan's Door 2 Hope Support Group will meet every 2nd & 4th Saturday from 1-3 PM at Christ the Cornerstone Church Room 105 (lower level). The church is located at [3135 Summit Bridge Road, Bear, DE 19701](#).

Her group's mission is to provide support, education, and hope to all those in pain so they can get to a point where their pain is "manageable" and help others realize they are not alone.

The group is open to all those who experience chronic pain & their caregivers. Contact Linda Horan at [lhoran@ctcde.church](mailto:lhoran@ctcde.church), (302) 836-2862 Extension 15 or on her cell at (302) 463-1158



[View our full list of support groups here on the RSDSA website.](#) If we're missing a support group, or if you want to [start your own](#), please contact Sharon Weiner at [slkweiner@rsds.org](mailto:slkweiner@rsds.org).

## Livestream with CRPS Warrior and Associate Professional Clinical Counselor Gabi Baylor - May 14, 2026 at 7PM Eastern

RSDSA is hosting a free livestream with [Gabi Baylor](#) on Thursday, May 14 at 7PM Eastern on [Facebook](#) and [YouTube](#) from your computer, tablet, or phone.

Gabi works with teens, adults, and families within the disability community—including those navigating chronic illness and chronic pain. She has over 20 years of lived experience with CRPS and brings a personal understanding of the stigma, barriers, and isolation that can arise within the community.



We're looking forward to hosting her during Mental Health Awareness Month where she'll take 20 questions ahead of time from the community. Send in your questions today by emailing us at [info@rsds.org](mailto:info@rsds.org).

## CRPS Community Event Calendar

Add the following events to your calendar! **RSDSA sponsored/affiliated events are highlighted in orange**, while additional community events are **highlighted in blue**.

- Saturday, April 25 - [Walk Strong in Dallas](#)
- Tuesday, April 28 - [#RAREis Scholarship Deadline](#)
- Thursday, April 30 - [Hannah Bernard Memorial Scholarship Application Deadline](#)
- Thursday, May 14 - [Livestream with Gabi Baylor](#)
- Saturday, June 6 - [RSDSA's 7th Annual Walk for CRPS](#)
- Friday, June 26 - Monday, June 29 - [Young Adult Weekend Retreat: Scottsdale](#)
- Friday, October 2 - Monday, October 5:  
[The CRPS Connection: Adult Weekend Retreat in Philadelphia](#)

## Donate to RSDSA

Please consider donating to RSDSA at [rds.org/donate](https://rds.org/donate).

## We Want Your Feedback!

Please send any suggestions or upcoming events of interest to our community to [info@rds.org](mailto:info@rds.org).

## Thank You to Our Sponsors

Our sponsors make everything we do possible. Please join us in thanking and supporting them!

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 Diana and Peter Smith in memory of Stephanie Theresa Smith  
 Dr. & Mrs. Lawrence and Judy Zager, in loving memory of Hunter Lia Zager  
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